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FORGE YOUR PATH

At Camp Rocky Creek

2023





Important Info

Overnight Registration Dates

Registration Opens November 25th,
Early Bird Discount of \$25 with
a FREE HOODIE ends January 1st

January 2nd-March 1st, get your
FREE HOODIE and your spot before
its too late!

Day and Teen Adventure Registration Camp Dates

Registration Opens March 1st

For more information, go to the Day
and Teen Adventure Camp section.

Financial Aid

Financial Assistance is available
through our application process.
Check online at
www.lebanonymca.org to complete
the application or scan this code to
take you directly to the link on our
website.



Open House Dates

- 10 AM-1 PM, Sunday, April 23rd
- 9 AM- 12 PM, Saturday, May 6th
Take a tour of camp and learn
more about what to expect at
summer camp.



Did you know that the red fox is
Camp Rocky Creek's mascot? There
are 15 fox's, can you find them
all!



Safety

We have well-trained counselors who receive more than 50 hours of training.

We follow ratios set forth by the American Camping Association (ACA).

All staff are certified in First Aid/CPR/AED.

All lifeguards are trained in the American Red Cross Lifeguarding Course. All water activities are led by certified lifeguards.

We follow the protocols of our local health dept and the ACA.

Activities

We offer a variety of activities, appropriate for each child's age*.

A glance at some of the activities:

- All Camp Games
- Archery*
- Arts and Crafts
- Canoeing
- Climbing Wall
- Ecology
- Fishing*
- Gaga
- High Ropes*
- Kayaking*
- Low Ropes
- Slingshots
- Songs and Skits
- Sports
- Swimming
- Team Building
- Zipline*

and so much more!

Staff

Every parent wants their child to have great role models and that is what we strive for.

To ensure each camper has an amazing experience, we teach the traditions of camp and the core values of the YMCA- Honesty, Caring, Respect and Responsibility.

We offer a cultural experience by hiring staff from around the globe.





General Camp Info

About Camp

Nestled on 120 acres, Camp Rocky Creek is the 4th oldest camp in the nation. Steeped in tradition, boys and girls, ages 5-17, can come to camp and enjoy the many activities that camp has to offer. Our goal is to provide an enriching experience where they can build confidence, self-esteem, problem-solving skills and develop relationships and memories that will last a lifetime.

Whether it's day or overnight camp, each individual gets to choose their activities forging their own path! We still offer some of the favorites like service camp (impact opportunities), off-site trips and Teen Adventure Camp.

Accommodations

Accommodations for overnight camp are rustic cabins with a shower house nearby. All of our cabins have lighting and fans to keep cool on a warm summer night. Each cabin sleeps ten with bunk beds. If you request a friend as a bunk mate to sleep in the same cabin, please make sure the friend lists you too!





Camp Pool

All campers using the pool are supervised and are required to take a swim test to determine their swimming ability. Each camper will be given a colored swim bracelet for the week. Different colors represent the areas they are allowed to swim in.

Trading Post

The trading post is our camp store. Each camper will have the opportunity to shop at the trading post daily. We offer a wide variety of novelty items, treats and our camp gear. Items can be purchased for as low as \$0.50 up to \$40. The trading post will also be open each Friday during check out.

Electronics

Cell phones and other electronic devices are not permitted at camp. Our program promotes the ability to disconnect from every day distractions and focus on forging friendships, engaging in activities and being able to appreciate the beautiful and natural surroundings that camp has to offer.



Overnight Camp

Overnight Camp is the perfect opportunity for your child to immerse themselves in all aspects of camp! While camp is completely structured, it allows each child the independence to design their own schedule. There are different opportunities where they will spend time with their cabin mates and will have the opportunity to choose from a variety of activities like creative arts, athletics, environmental discoveries, paddle sports, high adventure, target sports and more! Swimming is available for campers daily. Campers will be exposed to a rustic outdoor life staying in cabins for the week. This unplugged experience will bring long-lasting friendships and a lifetime of memories. Overnight camp is available for those who are ages 8 to 15. Our stay over weekend options are offered in between two different weeks for a two week camping experience.

Registration opens November 25th! Register by January 1st to get the early bird discount and FREE SWEATSHIRT

How to Register:

- Step 1: Go to www.lebanonymca.org
- Step 2: Create or sign-in to your account
- Step 3: Choose the week(s) you want to register for
- Step 4: Submit
- Step 5: Check your email to complete your camp registration

Camp Fees:

Best Deal

- Nov 25- Jan 1: Early Bird Discount of \$25 and a FREE Sweatshirt; \$50 deposit/week; \$515
- Jan 2- Mar 1: FREE sweatshirt; \$50 deposit/week; \$540
- Mar 2- Ongoing: Full price; \$50 deposit/week; \$540
- Stay Over Weekends: \$215/weekend
- A one-time application fee of \$25 is required upon registration

Overnight Camp Dates Sunday-Friday

- June 18-June 23
▲ Stay Over Weekend Option
June 25-June 30
- July 9-July 14
July 16-July 21
July 23-July 28
- ▲ Stay Over Weekend Option
July 30-August 4
August 6-August 11

Did you know our 4 core values are:
Honesty, Caring, Respect and Responsibility?



Typical Schedule

Periods are what each camper chooses as a core component each day.

Cabin Activity is an opportunity for cabin mates to do an activity together.

All of our meals are served buffet style and offer plenty of options for everyone. While a hot meal is always offered, a cold or continental option is also available. A cereal, salad and fruit bar are just a few examples.

- 7:00 Wake Up/Cabin Clean Up
- 7:45 Flag
- 8:15 Breakfast
- 9:00 Period 1
- 10:00 Period 2
- 11:00 Period 3
- 12:15 Lunch
- 1:15 Siesta
- 2:15 Cabin Activity
- 3:15 Period 4
- 4:15 Free Period
- 5:15 Flag
- 5:30 Dinner
- 7:00 Evening Activity
- 9:00 Cabins
- 10:00 Lights Out

Cabin clean up teaches campers about responsibility. Cleanest cabin daily gets the Golden Dust Pan Award!

Siesta allows everyone to recharge for the afternoon. It also provides time to read and write letters!

Free Period provides the chance to participate in gaga, blacktop time, creek stomping or the book nook.

Evening activities on Tuesdays and Thursdays are done as an all-camp event based on the theme for the week. Other evenings consist of cabin activities that may include a sleep out, cabin games and more!

CampDoc





Day and Teen Adventure Camp

Camp Rocky Creek offers a great way for your child to come to camp even if they aren't looking for an overnight experience. Our day campers are grouped together by age and move around the camp throughout the day, participating in different activities. They will have daily swimming and be provided a nutritious lunch and afternoon snack. Some of the activities our campers will experience are rock climbing, archery, arts & crafts, boating and hiking.

In our Teen Adventure Camp, we enable and encourage teens to work together as a group to plan their activities for the day. With positive staff role models, who know how to keep the campers challenged, engaged and having fun, this program builds self confidence and leadership skills.

Day Camp is available to campers who are 5-11 years of age. Our Teen Day Camp is available to campers who are 12-15 years of age.

How to Register:

Step 1: Go to www.lebanonymca.org

Step 2: Create or sign-in to your account

Step 3: Choose the week(s) you want to register for

Step 4: Submit

Step 5: Check your email to complete your camp registration

Camp Fees:

March 1st, Registration opens

Day and Teen Adventure Camp Deposit: \$25/week

Day Camp Fee: \$185/weekly

Teen Adventure Fee: \$215/weekly

Transportation and Extended Care: \$45/week

A one-time application fee of \$25 is required upon registration

Day and Teen Adventure Camp Dates Monday-Friday

June 12-June 16

June 19-June 23

June 26- June 30

July 3-July 7*

July 10-July 14

July 17-July 21

July 24-July 28

July 31-August 4

August 7-August 11

August 14- August 18

*Closed July 4th



Summer camp is where strangers become friends and friendships last forever.



Schedule at a Glance

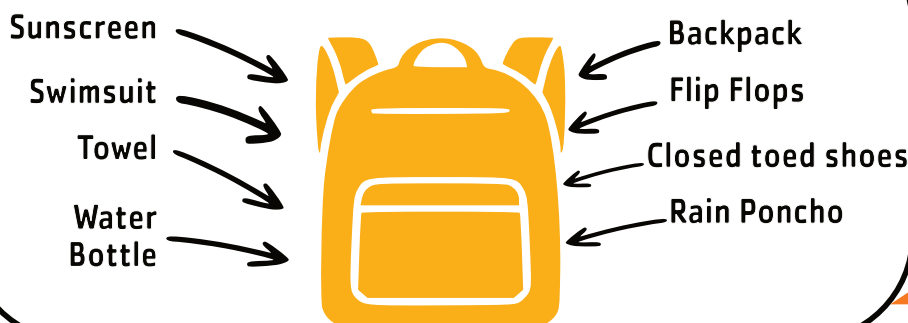
- 7:30-9:00 Extended Care
- 8:45-9:00 Camp Arrival
- 9:15 Activity 1
- 10:15 Swimming
- 11:15 Lunch
- 12:15 Camp Trading Post
- 1:15 Activity 2
- 2:15 Activity 3
- 3:15 Afternoon Snack
- 3:45 Activity 4
- 4:30 Camp Departure
- 4:30-5:30 Extended Care



Transportation Schedule (Tenative)

- Lancaster YMCA**
Departure: 8 AM; Arrival: 5:15 PM
- East Petersburg Mennonite Church**
Departure: 8:10 AM; Arrival: 5:00PM
- Lititz Public Library**
Departure: 7:30 AM; Arrival: 5:15 PM
- Lebanon YMCA Depot**
Departure: 8:30 AM; Arrival: 4:35 PM
- Community Bible Church**
Departure: 7:20 AM; Arrival: 5:20 PM

What to bring each day



NEW THIS YEAR...
 We are having a summer closing campfire the last week of Day and Teen Adventure Camp! Starts at 7 PM, you won't want to miss this!



CIT Program and Outdoor Leadership Experience

CIT Program

Our Counselor-In-Training (CIT) Program is a great stepping stone to becoming a Camp Counselor. CITs will get a well-rounded experience from shadowing counselors to spending a day with the leadership team. During our week of staff training, they will start off the program through a team building experience that takes them on a three day overnight trip to learn different outdoor skills, ways to improve communication and develop relationships effectively. Our CIT program is available to those who are 15-17 years of age.

When they are back at camp, they will have the opportunity to create a new program, lead programs and provide community service in one of our impact programs. Each weekend, the CIT's will head home to get refreshed to complete their three-week experience.

As a CIT, we understand different activities and commitments can be restricting in flexibility. You may pick and choose the three weeks you want to attend.

Date to Attend


June 18-June 23
June 25-June 30
July 9-July 14
July 16-July 21
July 23-July 28
July 30-August 4

Camp Fees

Camp Deposit: \$50/week
Camp Fee: \$1500/3 weeks
Fees include lodging, food
and off-site three day trip
A one time application
fee of \$25 is required



This Right Here:

 Time passes differently at camp. You can miss a year and when you go back it's like you never left.



Outdoor Leadership Experience

The Outdoor Leadership Experience (OLE) is where campers will have an unforgettable experience navigating their ways through the different opportunities that Pennsylvania has to offer! This week-long experience will provide each outdoor enthusiast the opportunity to hone in on their outdoor skills including fire building, cooking over a fire, map and compass education while enjoying the picturesque landscapes and the adventures ahead. All three experiences are available to those 12-15 years of age. A one time application fee of \$25 is required.

Horseshoe Hike (July 9-July 14)(\$50 deposit/\$600): Departing from camp, the Horseshoe trail runs 140 miles along the south central tier of PA. Campers will be backpacking for three nights along the trail, gaining valuable experience in all things backpacking.

On the Go (July 23-July 28)(\$50 deposit/\$750): Always on the go and in all forms of transportation, this program primarily does day trips that go tubing on the river, hiking the horseshoe trail and going on a horseback ride while still doing all of the evening activities at camp!!

Appalachian Backpacking Experience (August 6-August 11)(\$50 deposit/\$600): The first day of this program, our backpackers prepare for the next three days and two nights on the AT. Traversing over mountains, they will be a part of history, backpacking a portion of the world famous trail that starts in Maine and ends in Georgia.





Family Camp

Family Camp

Bring your parents, aunts, uncles and cousins for a 3 night, 4 day, all-inclusive stay at Camp Rocky Creek. You can choose to rent a cabin from us or bring your own tent. Cabin rentals are limited so make sure to register soon! Meal times are a come and go as you please as well as most of the camp activities!

Schedule at a Glance

Meals are come and go:

7:30 AM-9:30 AM: Breakfast

11:30 AM-1:30 PM: Lunch

5:00 PM-7:00 PM: Dinner

All day activities run from 9 AM-6 PM

(Age restrictions may apply on some activities)

Swimming

Scavenger Hunts

Climbing

Archery/Sling Shots

Paddling

Fishing

and much much more!

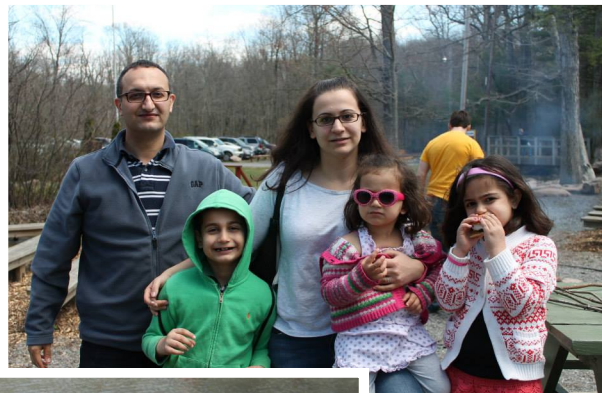
Pre-scheduled activities will be available for sign up upon arrival and at breakfast.

Giants Ladder

Vertical Playpen

High Ropes

Zipline



"Some of the best moments are never captured by cameras and are not posted in any social media platforms, they are kept in private and are cherished together with the best people."



Thursday, July 6-Sunday, July 9

Pricing: \$50 deposit/family

\$100/person to rent a cabin

\$60/person to bring your own tent
(4 and under FREE)

Registration opens March 1st

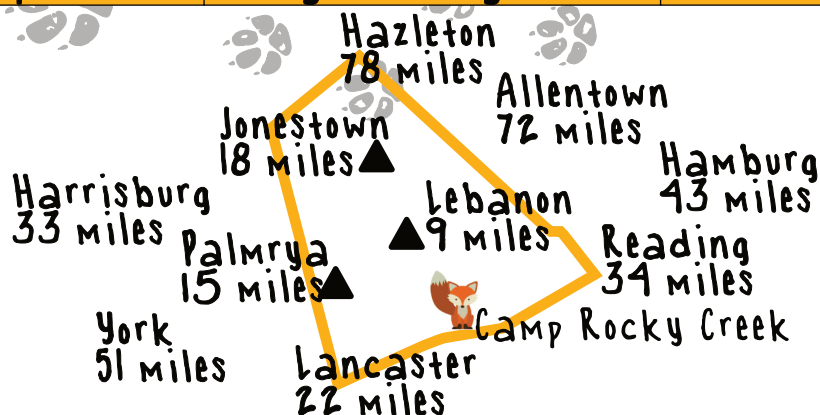
You are never too old to play outside.



Calendar and Themes

Each week at Camp Rocky Creek, we participate in weekly themes. Make sure your camper brings clothing and small props to match the week they are attending! The dates below reflect Sunday-Friday or weekends, Day Camp always starts on a Monday and ends on a Friday.

Camp Dino-S'more	June 12- June 16	Day Camp
Myths and Legends	June 18- June 23	Day Camp Overnight Camp
	June 23-June 25	Stay Over Weekend
Pirates of Penryn	June 25-June 30	Day Camp Overnight Camp
Stars and Stripes	July 3-July 7	Day Camp
Through the Decades	July 6-July 10	Family Camp
Ultimate Survivor	July 9-July 14	Day Camp Overnight Camp
Wild Wild West	July 16-July 21	Day Camp Overnight Camp
Heroes and Sidekicks	July 23-July 28	Day Camp Overnight Camp
	July 28- July 30	Stay Over Weekend
Color Games	July 30-August 4	Day Camp Overnight Camp
Wild and Wacky	August 6-August 11	Day Camp Overnight Camp
Ultimate Sports	August 14-August 18	Day Camp





YMCA School-Age Day Camp

Keep your children engaged all year long! Continue your before and after school care into a full day. Each week, we will focus on various themed educational areas while making them adventurously fun and interactive! We offer weekly themes for children ages 5-12.

In our licensed centers, all of our programs participate in the Keystone STARS program and the Early Learning Resource Center (ELRC). Our staff are well-trained. They participate in several child development trainings throughout the year and provide positive reinforcement.

Children participating in our school-age day camp are given the opportunity to learn in an environment that is appropriate for their age and are exposed to a stimulating learning environment that engages their curiosity of the world around them.

How to Register:

Step 1: Please check www.lebanonymca.org for a link with your intent to register for SACC camp

Step 2: Complete the form

Step 3: Choose the week(s) and sites you want to register for

Step 4: Submit

Step 5: Check your email to complete your camp registration

Please allow two weeks for the email to arrive.

Camp Fees:

March 1st, Registration opens

School-Age Day Camp Deposit: \$25/week

*3 Day Camp Member Fee: \$140/weekly

*3 Day Camp Non-member Fee: \$190/weekly

5 Day Camp Member Fee: \$165/weekly

5 Day Camp Non-member Fee: \$215/weekly

*3 Day Camps are only available at Ebenezer

A one-time application fee of \$25 is required upon registration

School Age Day Camp Dates Monday-Friday

June 12-June 16

June 19-June 23

June 26-June 30

July 3-July 7*

July 10-July 14

July 17-July 21

July 24-July 28

July 31-August 4

August 7-August 11

August 14-August 18

August 21-August 25

*Closed July 4th



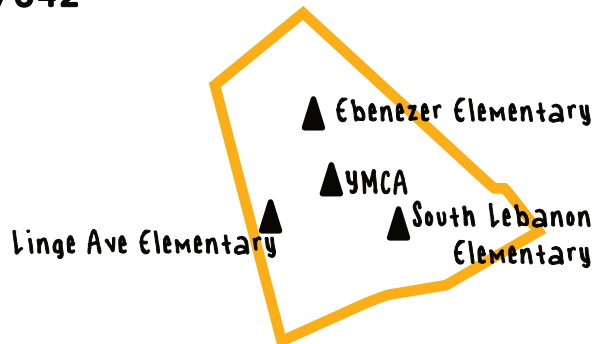
Our school-age day camp operates Monday-Friday from 6:30 AM to 6:00 PM. We have four locations to choose from:

Lebanon Valley Family YMCA
 201 N 7th Street
 Lebanon, PA 17046

Ebenezer Elementary
 1600 Colonial Circle
 Lebanon, PA 17046

Lingle Elementary
 600 S Lingle Ave
 Palmyra, PA 17078

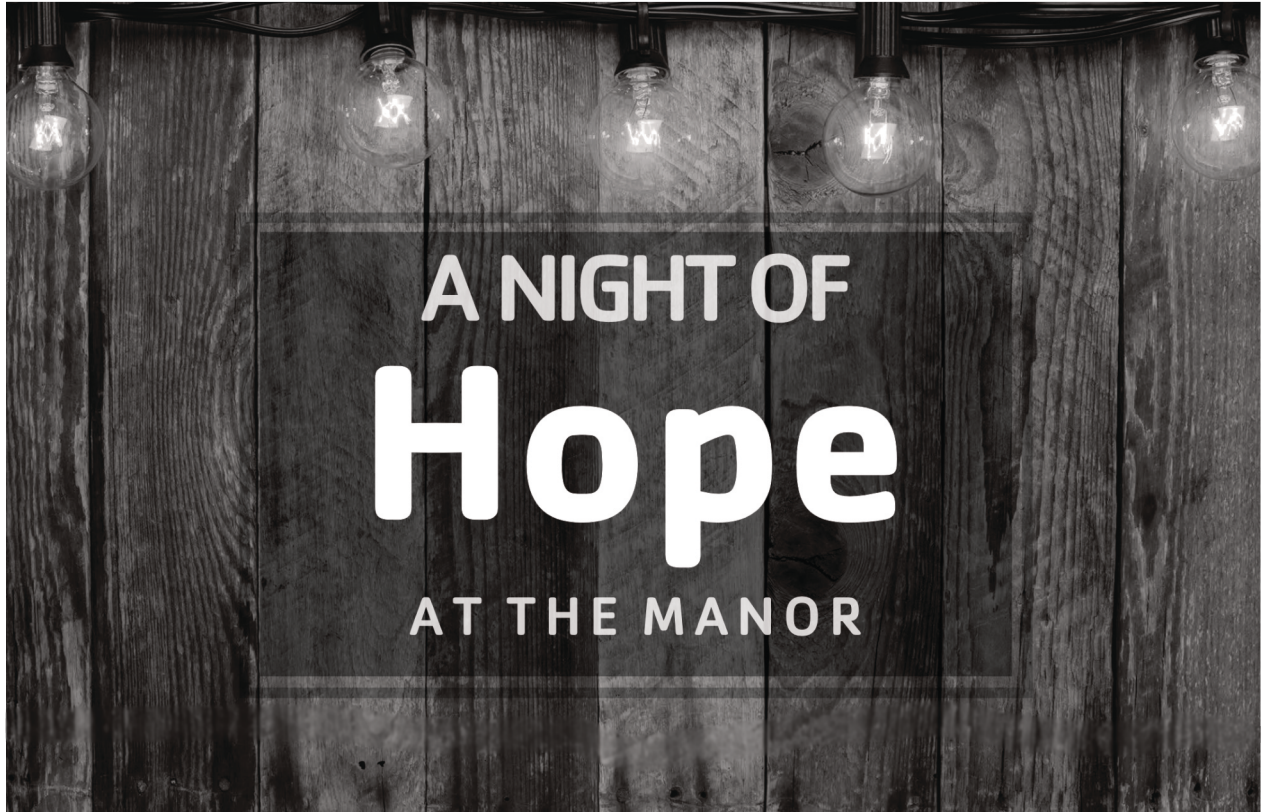
South Lebanon Elementary
 1825 S 5th Ave
 Lebanon, PA 17042



EDUCATION is the most powerful weapon which you can use to change the world.
 ~Nelson Mandela



Upcoming Events



The strength of people reflects the power of our community. Join us in our annual event at Tulpehocken Manor for an evening of live music by The Neighborly, silent & live auctions, food and fun as we raise money for our annual campaign to support the children in our community.

Date: Saturday, May 20, 2023

Time: 5:30 PM

Annual Support Campaign

The Lebanon Valley Family YMCA provides scholarships for those who may experience difficult times. For at-risk youth and those who financially cannot afford a camp experience, your support can make a difference in the lives of children in our community.

Please consider donating to this great cause and provide a positive difference to our future. You can visit our website to make a donation today at www.lebanonymca.org or scan our QR code!

