



# I CAN.... AT CAMP

2024 Summer Camp  
YMCA Camp Rocky Creek  
[www.lebanonymca.org](http://www.lebanonymca.org)

# CLIMB TO NEW HEIGHTS



Safety is always a top priority at camp! Our counselors receive more than 50 hours of training. We follow ratios set forth by the American Camping Association (ACA). All staff are certified in First Aid/CPR/AED.

Our lifeguards and ropes course instructors go through a rigorous certification to ensure all safety protocols are followed.



## Welcome to Camp Rocky Creek!

At camp, we always say "I Can"! This is the opportunity for everyone to shine, make new friends, explore a variety of activities and have ever-lasting memories.

Whether it's the outdoors, adventures, or getting creative, we offer something for everybody. Camp helps to build the Y's core values: Caring, Honesty, Respect and Responsibility. In turn, it builds your character, courage, and confidence.

This summer, we hope we will see you trying new activities and gaining new friendships with those in our community. Please join us in a meaningful and memorable camp experience.

# EXPLORE THE ENVIRONMENT



## Some of the activities we have at camp:

- Fishing
- Hiking
- High Ropes Course
- Climbing Walls
- Kayaking
- Swimming
- Archery
- Ecology
- Sling Shots
- Sports
- Zipline
- Arts and Crafts
- Homesteading
- Outdoor Cooking
- Low Ropes
- And so much more

# MAKE NEW FRIENDS



**Camp Rocky Creek Day Camp**  
Camp Rocky Creek offers a great way for your child to come to camp if they are worried about being away for the week. Participating in day camp will begin the foundation for longer experiences away from home. During the day, campers will be unplugged and truly learn more about social, natural and creative environments. Day Camp is offered Monday-Friday.  
Day Camp is available for campers 5-13 years old  
**\*Must have completed Kindergarten**  
Registration opens March 1<sup>st</sup>!

## DAY CAMP SCHEDULE

- 7:30 Extended Care
- 8:45 Camp Arrival
- 9:15 Camp Corral
- 9:30 Activity 1
- 10:30 Activity 2
- 11:30 Lunch
- 12:15 Trading Post
- 1:00 Activity 3
- 2:00 Activity 4
- 3:00 Free Choice
- 4:00 Camp Corral/Departure
- 4:00-5:30 Extended Care



# BUILD CONFIDENCE

## CAMP ROCKY CREEK OVERNIGHT CAMP

Staying overnight is the perfect opportunity to immerse in all aspects of camp. Each camper is given the independence to design their own schedule. Each village has bunkbeds and a bathhouse nearby. This unplugged experience will bring long-lasting friendships and a lifetime of memories.

Overnight Camp is available for campers  
8-15 years old.

Registration opens December 18<sup>th</sup>!

### OVERNIGHT CAMP SCHEDULE

- 7:00 Wake up
- 7:45 Flag
- 8:00 Breakfast
- 8:45 Cabin Clean Up
- 9:30 Cabin Activity
- 10:30 Activity 1
- 11:30 Activity 2
- 12:30 Lunch
- 1:15 Siesta
- 2:00 Activity 3
- 3:00 Free Choice
- 4:00 Blacktop Time
- 5:45 Flag
- 6:00 Dinner
- 7:00 Evening Activity
- 9:00 Cabin Time



# INSPIRE OTHERS



THERE IS NO  
WIFI IN THE FOREST  
BUT I PROMISE  
YOU WILL FIND A  
BETTER CONNECTION

## CIT PROGRAM

Our CIT program is designed to prepare those who are aiming to go from camper to counselor. CITs will shadow different staff members and areas of camp to get an understanding of why they do what they do. CITs will also create a program that they would like to see happen at camp and present it to the team. While this is an opportunity to grow and develop leadership skills, there will also be a time to have fun and experience camp as a camper.

# ACHIEVE ANYTHING



## CAMP RATES

One-time Registration Fee	\$25
*Non-refundable Deposit/week	\$50
Overnight Camp (ages 8-15)	\$500
CIT (ages 16-17), 3 weeks	\$1350
**Day Camp (ages *5-13)	\$150
<b>Day Camp Add-Ons</b>	
Extended Care	\$50
(Includes breakfast)	
Transportation	\$50
Adventure Outings	FREE
*Deposit is not included in the camp fee	
**Must have completed Kindergarten	

## THEMES

June 10-14	Day Camp	Super Sleuths
June 17-21	Day Camp	Camp Apocalypse
June 23-28	Day Camp	Imagination Station
	Overnight Camp	
July 1-5	Day Camp	Holiday Happenings
July 7-12	Day Camp	Camp Carnival
	Overnight Camp	
July 14-19	Day Camp	Gold Rush
	Overnight Camp	
July 21-26	Day Camp	Shipwrecked
	Overnight Camp	
Jul 28-Aug 2	Day Camp	Camp Olympia
	Overnight Camp	
August 4-9	Day Camp	On the Wild Side
	Overnight Camp	
August 11-16	Day Camp	Wild and even
	Overnight Camp	Wackier
August 19-23	Day Camp	Color Games

## Day Camp Transportation (Times are tentative)

- Lancaster YMCA, Departs 8 AM, Arrives 5:15 PM
- East Petersburg Mennonite Church, Departs 8:10 AM, Arrives 5:00 PM
- Lititz Public Library, Departs 7:30 AM, Arrives 5:15 PM
- Lebanon YMCA Depot, Departs 8:30 AM, Arrives 4:30 PM
- Palmyra Community Bible Church, Departs 7:30 AM, Arrives 5:15 PM

# Be Successful



## SCHOLARSHIPS

Scholarships are available through our application process. Check online at [www.lebanonymca.org](http://www.lebanonymca.org) to learn more and complete the application.



## Open House Dates

Saturday, April 27th  
Sunday, May 5th  
9 AM - 12 PM

Take a tour of camp and learn more about what to expect at summer camp.



**YMCA CAMP  
ROCKY CREEK**

A Branch of the Lebanon Valley Family YMCA