

MAY Lebanon Vipers Swimming						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 Blue 6:30-7:15 White 7:15-8:45	6 Blue 6:30-7:15 White 7:15-8:45	7	8 Blue 6:30-7:15 White 7:15-8:45	9 Blue 6:30-7:15 White 7:15-8:45	10	11
12 Blue 6:30-7:15 White 7:15-8:45	13 Blue 6:30-7:15 White 7:15-8:45	14	15 Blue 6:30-7:15 White 7:15-8:45	16 Blue 6:30-7:15 White 7:15-8:45	17	18
19 Blue 6:30-7:15 White 7:15-8:45	20 Blue 6:30-7:15 White 7:15-8:45	21	22 Blue 6:30-7:15 White 7:15-8:45	23 Blue 6:30-7:15 White 7:15-8:45	24	25
26 Blue 6:30-7:15 White 7:15-8:45	27 Blue 6:30-7:15 White 7:15-8:45	28 Game Day 7:00-8:30	29 Blue 6:30-7:15 White 7:15-8:45	30 Blue 6:30-7:15 White 7:15-8:45	31	

June Lebanon Vipers Swimming						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 Blue 6:30-7:15 White 7:15-8:45	3 Blue 6:30-7:15 White 7:15-8:45	4	5 Blue 6:30-7:15 White 7:15-8:45	6 Blue 6:30-7:15 White 7:15-8:45	7 HOME INVITE	8
9 Blue 6:30-7:15 White 7:15-8:45	10 Blue 6:30-7:15 White 7:15-8:45	11	12 Blue 6:30-7:15 White 7:15-8:45	13 Blue 6:30-7:15 White 7:15-8:45	14 HOME WWD Willowood	15
16 Blue 6:30-7:15 White 7:15-8:45	17 Blue 6:30-7:15 White 7:15-8:45	18	19 Blue 6:30-7:15 White 7:15-8:45	20 Blue 6:30-7:15 White 7:15-8:45	21 HOME PIR Piranhas	22
23 Blue 6:30-7:15 White 7:15-8:45	24 Blue 6:30-7:15 White 7:15-8:45	25 Game Day 7:00-8:30	26 Blue 6:30-7:15 White 7:15-8:45	27 Blue 6:30-7:15 White 7:15-8:45	28 AWAY MDT Middletown	29

July Lebanon Vipers Swimming						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 Blue 6:30-7:15 White 7:15-8:45	1 Blue 6:30-7:15 White 7:15-8:45	2	3 Blue 6:30-7:15 White 7:15-8:45	4 NO Practice	5	6
7 Blue 6:30-7:15 White 7:15-8:45	8 Blue 6:30-7:15 White 7:15-8:45	9 Willowood Invite	10 Blue 6:30-7:15 White 7:15-8:45	11 AWAY PIR Evening Meet	12	13
14 Blue 6:30-7:15 White 7:15-8:45	15 Blue 6:30-7:15 White 7:15-8:45	16	17 Blue 6:30-7:15 White 7:15-8:45	18 Blue 6:30-7:15 White 7:15-8:45	19 Divisionals	20 ALL Stars
21 MID CAP Swimmers ONLY 7:00-8:00	22 MID CAP Swimmers ONLY 7:00-8:00	23 Game Day 7:00-8:30	24 MID CAP Swimmers ONLY 7:00-8:00	25 MID CAP Swimmers ONLY 7:00-8:00	26 MID CAPS	27 TEAM Banquet POT LUCK
28	29	30	31			