



STRONG SWIMMERS CONFIDENT KIDS



LEBANON VALLEY FAMILY YMCA SWIM LESSONS

Swim lessons are held once a week for seven weeks, with each lesson lasting 30 minutes.

Water Exploration (Parent & Child)

6 months - 3 years

Tuesdays - 10:30-11:00am
Saturdays - 11:30-12:00pm

Water Acclimation Preschool

3 years - 5 years

Tuesdays - 4:20-4:50pm
Saturdays - 9:30-10:00am

Water Movement Preschool

3 years - 5 years

Tuesdays - 5:00-5:30pm
Saturdays - 10:10-10:40am

Water Stamina Preschool

3 years - 5 years

Tuesdays - 5:40-6:10pm
Saturdays - 10:50-11:20am

Water Acclimation Youth

6 years - 12 years

Thursdays - 4:20-4:50pm
Saturdays - 11:30-12:00am

Water Movement Youth

6 years - 12 years

Thursdays - 5:00-5:30pm
Saturdays - 10:50-11:20am

Water Stamina Youth

6 years - 12 years

Thursdays - 5:40-6:10pm
Saturdays - 10:10-10:40am

Stroke Introduction Youth

6 years - 12 years

Saturdays - 9:30-10:00am

PROGRAM FEES:

FAMILY MEMBERS: \$50

YOUTH MEMBERS: \$70

NON-MEMBERS: \$100

November 3rd - December 19th

Registration opens October 5th for Members

Registration opens October 19th for Non-Members

****No lessons on November 26th, make up will be on November 25th****

HOW TO REGISTER:

IN PERSON: At the Membership Desk

ONLINE: lebanonymca.org

SCAN QR CODE:



Lebanon Valley Family YMCA

201 North 7th Street, Lebanon, PA 17046

717-273-2691

Contact Zach McElheny at:

zmcelheny@lebanonymca.org

or 717-376-1387